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7. The method of claim 1 wherein the composition includes phosphorus in amount greater than 100% USRDA.

8. A method of feeding patients with pulmonary disease without increasing ventilatory response comprising the step of:

enterally administering to a patient with pulmonary disease an effective amount of a composition comprising:

a protein source that constitutes not less than approximately 18% of the total caloric content of the composition;

a carbohydrate source; and

a mixture of medium and long chain triglycerides in an amount that constitutes at least approximately 40% of the total caloric content of the composition, 20 to 70% of the total triglycerides being MCTs.

9. The method of claim 8 wherein the composition includes at least 100% of the USRDA of all vitamins and minerals.

10. The method of claim 8 wherein the composition includes phosphorus at greater than 100% of the USRDA.

11. The method of claim 8 wherein long chain triglycerides are selected from the group consisting of soy, canola, and olive oil.

12. The method of claim 8 wherein the composition includes a surfactant selected from the group consisting of egg yolk phospholipids, soy phospholipids and milk phospholipids.

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13. The method of claim 8 wherein said long chain triglycerides are selected from the group consisting of soy, canola, and olive oil.

14. A method for providing nutrition to a patient with pulmonary disease without increasing the ventilatory response of the patient comprising administering to a patient in need of same an effective amount of a composition which comprises:

a) a high quality protein source;

b) a carbohydrate source; and

c) a mixture of lipids comprising medium and long chain triglycerides, wherein 20 to 70% of the total triglycerides are MCTs.

15. The method of claim 14 wherein the protein comprises at least 18% of the calorie distribution of the composition.

16. The method of claim 14 wherein said long chain triglycerides are selected from the group consisting of soy, canola, and olive oil.

17. The method of claim 14 wherein the carbohydrate source comprises about 20 to about 50% of the calorie distribution of the composition.

18. The method of claim 14 wherein the composition includes at least 100% of the USRDA of all vitamins and minerals.

19. The method of claim 14 wherein the composition includes phosphorus at greater than 100% of the USRDA.

20. The method of claim 14 wherein the composition includes a surfactant selected from the group consisting of egg yolk phospholipids, soy phospholipids and milk phospholipids.

21. The method of claim 14 wherein the carbohydrate source is a partially hydrolyzed polysaccharide.

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